



Team Gotthard SkiMo  
**Gara Claro-Pizzo**

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## Regulations for the Vertical race Claro-Pizzo October 6, 2019

### Race date and date of postponement

The race will take place Sunday, October 6, 2019.

In case of a delay, the committee will communicate the decision before midnight on Thursday the 3rd of October, through the website and the Claro-Pizzo Facebook page. Every athlete will be informed by email using the address used at the time of online registration.

Before embarking on the trip to Claro, it is obligatory for every athlete to inquire beforehand in case of uncertain weather. The Committee assumes no responsibility for any claims for compensation.

### Participants

A maximum of 250 runners are admitted. Starting from the age of 16 on race day.

For minors (from 16 years up to 18 years old on the day of the race) a release is required signed by the legal representative, to be sent sufficiently in advance to the organizers.

### Insurance against injuries and risks for helicopter flights

Each participant is invited to take out insurance against injuries and risks arising from helicopter flights.

### Online Registration, on-site registration, Registration Fees

The online registration, available on [www.claropizzo.ch](http://www.claropizzo.ch), are open from Saturday, June 1, 2019, until Thursday, October 3, 2019, 24:00.

The registration fee amounts to

- CHF 50 (EUR 50), from June 1, 2019 to August 31, 2019, for Men
- CHF 60 (EUR 60), from September 1, 2019 to October 3, 2019, for Men
- CHF 40 (EUR 40), from June 1, 2019 to October 3, 2019, for Women

**Registrations on the spot** will be possible on Saturday, October 5, 2019 (16: 00-18: 00) and on Sunday, October 6, 2019 (06: 15-07: 15), **only** if the maximum number of 250 members has not yet been reached. For this reason, we invite you to register online well in advance.

The fees for on-site registration are CHF 50 (EUR 50) for women and CHF 70 (EUR 70) for men.

The registration fee includes: supplies, pasta-party at the sports field and a prize for finishing the competition.

There is no refund in case of non-participation in the race. With the payment of the registration fee the athlete accepts the regulation tacitly and without reservation.

**ATTENTION: for online registration, prepayment is required, choosing among the different possibilities offered by the Datasport platform, our timing partner. We do not accept payments on the spot!**

### Conditions for participation and suitability for competition

Every athlete who participates in the Claro-Pizzo is aware of the particularity of the race and the physical commitment required. With the payment of the registration fee and acceptance of the regulations, the participant confirms that he is adequately trained and able to face the competition. At the same time, he relinquishes the Organizing Committee from any responsibility for any damage to his health.



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### Departure Time and Maximum Time

The race will start at 08:00 from the underpass near the cantonal road, in the Arsenale Deposit area, in Claro. The place of departure will be clearly marked. Maximum time: 4 hours.

The arrival to the Peurett Alps (1745m) must take place within 2 hours of the departure time, under penalty of exclusion of the race. This decision is unchallengeable and at the discretion of the appointed timekeepers. Any time changes will be communicated in a timely manner.

### Route

The race course can be viewed at [www.claropizzo.ch](http://www.claropizzo.ch). There is no transport of personal material to the arrival, each athlete must provide for himself, see also "mandatory equipment".

The descent from Pizzo to the sports field will be on foot, alongside and along the ascent path, please pay the utmost attention to the athletes still engaged in the race. **For safety reasons, each athlete must announce his return at the following checkpoints: Lake Canè (2198m), Alpe Peurett (1745m) and Moncrino (805m).**

### Bibs

The bib is delivered by the organizers to each participant and must be displayed in a visible way, **on the left thigh or on the chest**, throughout the competition. Any modification or personalization of the same is prohibited.

The bibs, as well as the race packet, will be delivered at the Claro sports field, on Saturday, October 5, 2019 from 16:00 to 18:00 and Sunday, October 6, 2019 from 6:15 to 7:15.

For those who register online by Sunday, September 29, 2019, at 11.59 pm, a personalized bib with indication of the name is provided.

### Rescue Obligation and Abandonment of the Race

In case of accidents, athletes are obliged to provide assistance to their colleagues in difficulty, respectively, they have to alert the nearest check point to the place of the accident.

The failure to rescue will be sanctioned with disqualification, at the discretion of the race director, who decides without appeal.

In case of abandonment of the competition, the athlete is required to inform the nearest checkpoint, delivering the bib number and scrupulously following the directions for the return to the starting area.

### Results

The classifications will be exhibited in the prize-giving area ("Al Ponte" sports field, Claro). Each runner will receive his personal time by SMS, on the mobile phone number that he communicated at the time of registration.

### Prizes and Categories

The award ceremony will take place at the Claro sports field starting at 16:00. Prizes will be awarded in cash and in kind.

Cash prizes will be awarded only during the awards ceremony, no bank or postal transfer is anticipated.

The first 10 finishers for the men's and women's category will be awarded. The best men's and women's time for the over 50s, and the patrician citizens of Claro will also be awarded. For those who would beat the course record an additional prize will be rewarded.

#### Awards for men and women

- 1 ° CHF 1'000
- 2 ° CHF 500
- 3 ° CHF 300
- 4 ° CHF 200
- 5 ° CHF 150



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Finishers from the 6th to the 10th ranking will receive a prize in kind.

#### Special prizes

Over 50's	CHF 300 for men and women's best time
Citizens of Claro	CHF 300 for men and women's best time
Race Record	CHF 1'000

Men's Record	1:35:34,4 Rémi Bonnet (CH) in 2018
Womens's Record	1:55:20,5 Kreuzer Victoria (CH) in 2018

#### **Race interruption and/or route modification**

In the event of unfavorable weather conditions occurring during the event, the race direction will decide without appeal, whether to interrupt the race or change the original route. This is in order to guarantee the personal safety of all the participants (runners, volunteers, rescuers, etc.), as well as to guarantee an adequate rescue service. The safeguard of the personal safety of all those present is a priority!

If the competition has already started and the decision is made for a forced interruption, the ranking will be drawn up based on the passage of the last control point.

#### **Ban on External Aid**

During the race the participants will have to manage independently and without any external support. The infractions will be punished with immediate disqualification from the race or with a penalty, in the final judgment of the jury.

#### **Timing**

Electronic timing is provided by Datasport, with intermediate times.

Information on the final time is provided with SMS service. The start will take place with a pistol shot, the moment from which the timing will start for all the competitors, without distinction.

#### **Aid Stations**

Along the way there are some refreshment points with the obligation to deposit the waste in the appropriate containers or in pre-established areas, clearly signed.

Isotonic drinks, tea, water, fruit, pies, etc. will be available.

#### **Mandatory Equipment**

Trail running shoes, cell phone switched on and working (make sure the battery is charged), windbreaker jacket with long sleeves (Kway), official bib provided by the organizing committee and a thermal blanket. The use of trekking poles is allowed, provided that the athlete still carries them with him when he crosses the finish line.

#### **Material Inspection**

Equipment checks are scheduled both at departure (pre-departure check-in) and at arrival (random checks).

#### **Disqualification**

The disqualification of a runner occurs for the following serious infractions:

- bib not visible or manipulated
- missing a mandatory check point
- cutting or abandoning the route traced by the organizers



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- unsportsmanlike conduct
- failure to rescue
- refusal or positive result to an anti-doping control
- exceeding the pre-established maximum time

### **3 Minutes Penalty**

A 3-minute penalty is imposed for simple infractions:

- abandoning sticks along the way
- abandonment of waste outside the pre-established and marked spaces
- receiving external aid outside the pre-established and reported areas
- missing or inadequate equipment

### **Appeals**

Disqualifications and penalties are decided by the race direction.

The appeal must be presented in writing on arrival within 30 minutes, after crossing the finish line. The same is to be delivered to the court of arrival. Pen and paper will be available on site.

The appeal fee is CHF 50 / EUR 50 and must be paid when the complaint document is delivered. It is recommended that runners organize themselves accordingly!