

Foglio informativo Claro-Pizzo 2023 Vertical Race (Italiano)

Materiale obbligatorio

- Pettorale ufficiale, da indossare in modo sempre visibile (petto o coscia sinistra)
- Giacchetta antivento a maniche lunghe (k-way)
- Telefonino cellulare carico e funzionante
- Coperta termica di soccorso
- Bicchieri personale per bere ai ristori
- Scarpe da trail-running e abbigliamento caldo sono fortemente consigliati
- **Presentarsi al controllo materiale con sufficiente anticipo (7:15-7:45)**
- **Partenza 08:00**
- Link: [Regolamento IT](#)

Infoblatt Claro-Pizzo 2023 Vertical Race (Deutsch)

Erforderliche Ausrüstung

- Offizielle Startnummer, die immer gut sichtbar getragen werden muss (Brust oder linken Oberschenkel)
- Langärmelige Windjacke (K-way)
- Aufgeladenes funktionierendes Handy (Mobiltelefon)
- Rettungsdecke
- Persönliches Trinkglas für die Verpflegungsposten
- Trail-Running-Schuhe und warme Bekleidung werden empfohlen
- **Bitte an die Materialkontrolle rechtzeitig erscheinen (7:15-7:45)**
- **Start 08:00**
- Link: [Reglement DE](#)

Info-Sheet Claro-Pizzo 2023 Vertical Race (English)

Mandatory Equipment

- Official race bib, must always be visible and positioned on the chest or on the left thigh
- Wind jacket with long sleeves (Kway)
- Mobile phone (Natel) charged and operating
- Thermal blanket
- personal drinking cup for the refreshment points
- Trail-running shoes and sufficiently warm clothing are advised
- **Show up for the material check sufficiently in advance (7:15-7:45)**
- **Start 08:00**
- Link: [Regulations EN](#)

Recapiti telefonici

Direzione gara/Rennleitung/Race director:

Kurt Bionda, +41 79 735 03 30

Giuria e Info/Jury & Info:

Stefano Dell'Era, +41 79 444 05 05

con il sostegno di

Repubblica e Cantone Ticino
DECS

SWISSLOS

Ritiro Pacco gara / Abholung Start-Package / pick up Start-Package

30.09.2023 (Sabato/Samstag/Saturday)

16:00-18:00 Claro-Pizzo Village

01.10.2023 (Domenica/Sonntag/Sunday)

06:15-07:15 Claro-Pizzo Village

[Link: Claro-Pizzo Village / A Ca di Patrizi 39, 6702 Claro](#)

[Link: Start-Zone / Alla Necropoli 750-400 aC](#)

